

Forgiven? Forgive! - Ephesians 4:31-32

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Sermon Audio file

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"Forgiveness is an act of the will and the will can function regardless of the temperature of the heart."Corrie ten Boom

I. Ephesians 4:31-32

Five stages unforgiveness

1. Bitterness
2. Anger- bitterness turns to anger
3. Wrath-extreme anger
4. Slander -harsh words
5. Malice-intention or desire to do harm

Why forgive -

1. God forgave you
2. it will hinder our relationship with God if you don't forgive
3. It consumes u if you don't forgive

II. Signs of Forgiveness

Colossians 3:12-13

1. Heartfelt compassion
2. Kindness
3. Gentleness
4. Patience
5. Acceptance

Forgiveness does not always mean reconciliation.

Forgiveness is a moment and a process.